

NORTHERN MICHIGAN ORAL & MAXILLOFACIAL SURGERY, P.C.

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IMPORTANT INSTRUCTIONS REGARDING YOUR ANESTHESIA

You will always be given local anesthesia for your surgery, but you may choose any, or none, of the following anesthesia options as a supplement to the local anesthesia. Each choice requires different preparation on your part and for your safety, it is important that you read and follow the instructions carefully. If you are unclear about anything, please ask your doctor.

LOCAL ANESTHESIA will provide a numb feeling in the area being operated on and a feeling of pressure during surgery. You will be awake and recall the surgery, but there should be no significant discomfort.

1. Have a light meal a few hours prior to your surgery.
2. For more extensive procedures, you may wish to have someone drive you home.
3. Plan to rest for a few hours after surgery.

ALL OF THE ANESTHETICS LISTED BELOW INCLUDE LOCAL ANESTHESIA.

INTRAVENOUS CONSCIOUS SEDATION is medication given through a vein in your arm or hand, which will cause total relaxation and, although you will not actually be unconscious, there will be very little recall (if any) of the events surrounding your surgery.

Important instructions regarding your IV sedation:

1. No solid food for **6 (six)** hours prior to anesthesia.
2. Clear liquids for up to **2 (two)** hours before procedure. Examples of clear liquids include, but are not limited to: water, fruit juices without pulp, clear tea, black coffee, carbonated beverages. This does not include alcohol. The volume of liquid is less important than the type of liquid.
3. Wear a short sleeve shirt, and comfortable clothing.
4. Rinse with prescribed Chlorhexidine mouth rinse the night before and morning of surgery, if prescribed.
5. Take **4 (four)** prescribed antibiotics **2 (two)** hours before surgery, if prescribed.
6. All patients must be accompanied by a driver who must remain at our office while the patient has surgery.
7. Plan to rest the remainder of the day you have surgery. You may not drive, operate power tools, machinery, and/or exercise for 24 hours after surgery.

NITROUS OXIDE is also known as “laughing gas”. You will be relaxed and somewhat less aware of your surroundings, but will recall most of the surgical event. Nitrous oxide is generally used in conjunction with local anesthesia, but may also be used to supplement the anesthetic choices below.

1. You may have a light meal 4 hours prior to surgery.
2. It is best to have someone drive you to and from your surgery appointment.
3. Plan to rest for the remainder of the day.

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ORAL PREMEDICATION may be a supplement to local anesthesia and is prescribed medication taken by mouth to produce relaxation before and during surgery.

1. No solid food for **6 (six)** hours prior to anesthesia.
2. Clear liquids for up to **2 (two)** hours before procedure. Examples of clear liquids include, but are not limited to: water, fruit juices without pulp, clear tea, black coffee, carbonated beverages. This does not include alcohol. The volume of liquid is less important than the type of liquid.
3. Wear a short sleeve shirt, and comfortable clothing.
4. Rinse with prescribed Chlorhexidine mouth rinse the night before and morning of surgery, if prescribed.
5. Take **4 (four)** prescribed antibiotics **2 (two)** hours before surgery, if prescribed.
6. All patients must be accompanied by a driver who must remain at our office while the patient has surgery.
7. Plan to rest the remainder of the day you have surgery. You may not drive, operate power tools, machinery, and/or exercise for 24 hours after surgery.

GENERAL ANESTHESIA* is medications given through a vein which will result in total loss of consciousness, complete lack of recall of the event and usually a longer recovery time. This type of anesthesia will require you to be intubated to assist with breathing. This must be provided in a hospital setting. (Your health insurance may not cover this type of anesthesia unless there is a bona fide medical reason for the hospitalization).

1. The same instructions are offered above for intravenous conscious sedation applies for general anesthesia.

*General anesthesia is not performed in our office.

OTHER SPECIAL INSTRUCTIONS

If you prefer to listen to your own music, please feel free to bring your I-pod/MP3 player with small earphones. This is NOT recommended with general anesthesia.

Our goal is to provide you with a safe, pleasant and effective anesthetic experience. So that we may do this, it is imperative that we have your full cooperation. **Please feel free to ask or call if you have any questions concerning your surgery or the anesthesia.**