

NORTHERN MICHIGAN ORAL & MAXILLOFACIAL SURGERY, P.C.

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INSTRUCTIONS FOR PATIENTS RECEIVING INTRAVEINOUS CONSCIOUS SEDATION ANESTHESIA.

1. No solid food for **6 (six)** hours prior to anesthesia.
2. Clear liquids for up to **2 (two)** hours before procedure. Examples of clear liquids include, but are not limited to: water, fruit juices without pulp, clear tea, black coffee, carbonated beverages. This does not include alcohol. The volume of liquid is less important than the type of liquid.
3. Wear a short sleeve shirt, and comfortable clothing.
4. Rinse with prescribed Chlorhexidine mouth rinse the night before and morning of surgery, if prescribed.
5. Take **4 (four)** prescribed antibiotics **2 (two)** hours before surgery, if prescribed.
6. All patients must be accompanied by a driver who must remain at our office while the patient has surgery.
7. Plan to rest the remainder of the day you have surgery. You may not drive, operate power tools, machinery, and/or exercise for 24 hours after surgery.

SPECIAL INSTRUCTIONS: